

Name – Mr. and Mrs. Shah

Age – Mr Shah – 34 yrs, Mrs Shah – 32 yrs

Status – Married since 10 yrs

Address – Mumbai

Complaints – The couple came with the complaint of **Primary Infertility**. The wife suffered from slow ovulation, headaches, scanty flow, severe dysmenorrhoea, pre menstrual tension, weight gain and hyperacidity.

They underwent two cycles of IUI which failed and since then no fertility treatment was taken.

The husband had oligoteratospermia (low sperm count and motility)

He complained of erectile dysfunction, weight loss ,fatty liver, pancreatic calcification with h/o recurrent pancreatitis. His a k/c/o Non Insulin Dependent Diabetes Mellitus and Hypercholestrolemia

Investigations-

Wife – (7/3/14)

Prolactin – 26.49

FSH – 5.85

LH – 4.59

Husband – (20/12/13)

Total Cholesterol – 221

Sr. Triglyceride- 302

Sr. HDL – 161

S.G.P.T. – 56

FBS – 203, PLBS – 340

HbA1C – 9.4

Process of Treatment – The patient got enrolled with us on 20th March 2014.

In the 1st month (April) we observed following changes –

Wife -

. Weight gain controlled.

. Flow was still scanty.

. Headaches had improved.

.April 2014 ovulation chart showed positive ovulation on 16th day. (reports attached)

Husband –

. Diabetes improved , Lipids improved

HbA1C – 7 (17/4/14), FBS – 108

. Erectile Dysfunction was better

In the 2nd month (May) we observed following changes –

Wife –

. No Pre menstrual tension

. Sr. Prolactin improved in just one month of Homoeopathic medicines. Sr. Prolactin – 7/3/14 – 26.49 ,
1/5/14 – 13.63

Husband –

.Diabetes improved. FBS – 104, PLBS – 133

. Erectile Dysfunction cured

In the 3rd month (June) we observed following changes –

Wife –

. Flow improved

. Dysmenorrhoea was better (pain during menses)

Husband –

.USG Abdo – much better, pancreatic parenchyma normal, no pancreatic calcification noted

. Diabetes improved. **HbA1C – 6.1**

. Semen Analysis –

count - 31 million (prev - `12 million)

motility – 34% (prev – 25%)

In the 4th month (July) we observed following changes –

Wife –

.Flow improved.

. Pain reduced. General condition was normal.

. Ovulation was positive on 14th day.

Husband –

He was cured of oligoteratospermia, pancreatitis and calcification and diabetes came under control with homoeopathic medicines alone (glycoslated hb dropped from 9 to 6.1)

Result –

Mrs. Shah concieved during 4th month of homoeopathic treatment inspite of her AMH levels being 0.70 (9/8/14).

August 2014 – B HCG – 17,304 (reports attached)

Ante natal screening was normal and she has been on supplements and haematinics.

Supportive documents/reports of patient are attached.